



9th March 2022

PSHE (Personal, Social, Health and Economic Education)
Relationships Education

Dear Parents and Carers,

As a part of your child's education at Montgomery, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next few weeks, starting Monday 14th March, your child's class will be taking part in lessons that will focus on the relationships and sex education (RSE) aspect of this programme. Lessons in Year 2 will include pupils learning about growing and changing. It is good practice to use medically correct terms for genitalia and sexual parts of the body. Within these lessons, children will be using the vocabulary *vulva*, *vagina*, *penis* and *testicles*. Using this vocabulary will ensure that children are able to use appropriate language and develop the confidence to describe unwanted behaviours.

Pupils will also have opportunities to ask questions. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <https://www.montgomery-inf.essex.sch.uk/policy-documents/>, to view our PSHE and Relationships Education policy. PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents. If you would like to find out more, or discuss any concerns, please speak to your child's class teacher.

Texts used in school to support the learning of Relationships Education

'Bodies are cool' by Tyler Feder: a beautifully diverse book of illustrations and rhyme to represent all people in our communities from all walks of life.

'Amazing you' by Gail Saltz: an introduction to our bodies and learning the correct terminology as set out in the National Curriculum.

'The Pantosaurus Song!' NSPCC Video: a song to emphasise the importance of keeping our 'private parts' hidden and knowing they belong to us.

Yours Sincerely

Sue Bridgeman
Headteacher