

Week

1

**Autumn
2020**

Monday	Tuesday	Wednesday	Thursday	Friday
Nacho Chicken	Spaghetti Bolognese	Roast Chicken served with Gravy & Yorkshire Puddings	Pizza Margherita, Pepperoni or Ham & Pineapple	Omega 3 Fish Fingers
Jacket Potatoes	Macaroni Cheese	Roast Quorn Dinner	Pizza Margherita	Omelette
White & Wholegrain Rice Mixed Salad	Homemade Crusty Bread Mixed Salad	Mini Roast Potatoes Seasonal Vegetables	Pasta Salad Sweetcorn Mixed Salad	Chips Peas Mixed Salad
Strawberry Angel Delight Fresh Fruit or Yoghurt	Homemade biscuit with Fresh Fruit or Yoghurt	Ice Cream, Frozen Yoghurt or Smoothie Pots Fresh Fruit or Yoghurt	Lemon Drizzle Cake with Custard Fresh Fruit or Yoghurt	100% Fruit Lolly Fresh Fruit or Yoghurt

Freshly made salad, bread, fruit juice, milk and water available daily.

Week

2

**Autumn
2020**

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Curry	Pork Meatballs with a Tomato Sauce	Roast Beef served with Gravy & Yorkshire puddings	Beef Lasagne	Fillet of Fish
Vegetable Curry	Lynda McCartney Meatballs with a Tomato Sauce	Roast Quorn Dinner	Vegetable Lasagne	Vegetable Nuggets
White & Wholegrain Rice Naan Bread	White & Wholegrain Pasta Mixed Salad	Mini Roast Potatoes Seasonal Vegetables	Homemade Crusty Bread Mixed Salad	Chips Peas Mixed Salad
Fruit Salad Fresh Fruit or Yoghurt	Chocolate Sponge & Chocolate Custard Fresh Fruit or Yoghurt	Arctic Roll Fresh Fruit or Yoghurt	Homemade Biscuit Fresh Fruit or Yoghurt	Fruit Jelly Fresh Fruit or Yoghurt

Freshly made salad, bread, fruit juice, milk and water available daily.